

Nadeen School Uniform - our approach, our guidelines, and frequently asked questions

Our approach: Nadeen School's Eco-friendly Uniforms in Partnership with Kapes





At Nadeen School, we strongly believe in fostering open discussions about the implications of our choices, recognising their impacts on society and the environment. Equally important is translating these conversations into action, taking purposeful strides towards making a positive change. Our commitment to these principles is reflected in our endeavour to promote sustainability across our school community.

Below are several priority projects we're focussing on as a school community:

- **Organic Food Initiatives:** A healthy eating programme in our school café, snack times and education.
- **Waste Reduction and Recycling:** Minimising printing, advocating double-sided printing, and setting up recycling stations.
- **Gardening and Biodiversity:** Involving students in gardening projects to cultivate herbs, flowers, and contribute to landscaping.
- **Student-led 'Plant Protectors':** Pioneering composting and other eco-friendly initiatives.
- **Sustainable Clothing:** Introducing sustainable uniforms and promoting reusability, in collaboration with a new uniform supplier.
- **Water Conservation:** Encouraging the use of refilled bottles across the community.
- Nadeen School's Sustainable Uniform in Partnership with Kapes

Our sustainable uniform is crafted from a blend of organic, recycled, and renewable materials. This initiative is part of our whole-school approach to sustainability, made possible through our partnership with Kapes. More about Kapes' mission can be found [here](#).

Sustainable Materials for Our Uniforms

			
ORGANIC COTTON	RECYCLED POLYESTER	REGENERATED NYLON	COCONUT SHELL
Organic cotton really is a game-changer. It uses up to less water and less energy, whilst producing less CO2 than conventionally farmed cotton. Plus, it eliminates the use of GMOs and harmful pesticides. For all those reasons, 100% of our cotton is organic – it's a no-brainer.	We try to use as little plastic as possible, but for now, when we need to, we only use recycled and not virgin polyester. This means we use less energy and reduce our dependence on fossil fuels. It also diverts PET bottles away from landfills, reducing soil contamination and water pollution	All of our swimwear is made from regenerated nylon. This starts out as disused fishing nets and then, hey presto! It turns into our swimming trunks and costumes.	Even our buttons are sustainably sourced because they're made from upcycled coconut shells.

Each Kapes uniform is designed with eco-friendly materials that minimise environmental impact:

- **Organic Cotton:** This cotton variant requires less water and energy, produces less CO2 than conventionally farmed cotton, and eliminates the use of GMOs and harmful pesticides.
- **Lyocell:** A versatile and comfortable eco-friendly fabric.
- **Recycled Polyester:** Kapes uses recycled polyester to reduce energy consumption, decrease our dependence on fossil fuels, and repurpose plastic bottles.
- **Coconut Shell Buttons:** Upcycled coconut shell buttons further enhance the eco-friendliness of our uniforms.

Ethical Manufacturing Process

Kapes ensures that all of its products are manufactured in factories that have been ethically certified and audited by bodies like Sedex. This guarantees employee welfare, fair wages, adherence to fair working practices, and commitment to reducing environmental impact.

Carbon Offsetting Partnership with Kapes

Kapes assesses the environmental impact of each product, allowing them to offset our school uniform's carbon footprint annually. Each uniform you purchase contributes to social impact credits, which support schools in need by funding essential projects.

Addressing Educational Barriers and Creating Sustainable Job Opportunities



In many developing countries, the cost of a uniform can be a significant barrier to education. Thanks to our partnership with Kapes, for every Nadeen student that purchases a uniform, a free one will be donated to a child in need in a developing country.

Experience for Nadeen Students with Wildlife Works Kasigau Corridor REDD+ Project

Our students from Year 7 onwards will have the opportunity to engage in an immersive education experience with the Wildlife Works Kasigau Corridor REDD+ project in Kenya. This initiative provides invaluable insights into wildlife protection, forest conservation, and the positive impacts on the local community.

Our guidelines: Nadeen School uniform guidelines and how to order

Age/Year Group	Girls	Boys
Early Years (Nursery and Reception)	Polo Shirt Skorts or Trousers	Polo Shirt Shorts or Trousers
Primary (Year 1 - Year 6)	Polo shirt Skorts or trousers	Polo shirt Shorts or Trousers
Secondary (Year 7 - Year 10)	Polo shirt Skorts, shorts, or trousers	Polo shirt Shorts or Trousers
Whole School	Winter Uniform Jacket Winter Uniform Jog Pants	Winter Uniform Jacket Winter Uniform Jog Pants

	PE uniform *Modest wear for girls is available	PE uniform
Daily wear school shoes	Supportive, all black with black sole, school footwear to be worn with the daily uniform. Note: <ul style="list-style-type: none"> daily wear school shoes should be supportive and suitable for both in-class and recreation/playtime. They can be of a breathable fabric or leather. 	
PE Shoes	Sports shoes are to be predominantly white in colour - with a white, non-marking sole. These are also to be specifically sports shoes appropriate for a range of physical sporting activities. <p style="text-align: center;">PE Shoes Allowed</p>  <p style="text-align: center;">PE Shoes NOT Allowed</p> 	
Bags	Reception, Year 1, and Year 2 students require the school book bag; Year 3-10 may use a backpack of their choice (no wheels or over-sized bags permitted).	

Please follow the uniform order instructions below:

You can now easily purchase your sustainable uniforms online. Here are the steps to get started:

1. Visit kapesuniforms.com
2. Click the person icon in the top right corner to create an account.
3. A 6-digit code will be sent to your registered email address.
4. Select "Go to Store" in the top right corner, which will take you back to the Kapes homepage.
5. Enter the Nadeen school code: **3rvJT6Ps3H**
6. Start shopping for your child's sustainable uniforms!

For more details on how to place an order, please visit the Kapes [help centre](#).

Our FAQs: Nadeen School Uniform frequently asked questions

Q: What colour is the uniform?

A: Our school uniform retains the historic Nadeen Green and elements of the gingham that has been part of the school since 1978. We are introducing a beige into the shorts, trousers, and skirts for Primary and option of beige or green in Secondary.

Q: Is any part of the uniform optional?

A: No, all elements of the uniform are mandatory; substitutions are not permitted.

Q: Is there a store open in Bahrain that parents can visit to buy from and try on sizes?

A: There is a uniform room at the main student entrance where students can try on samples of each uniform item. From there, parents can order the uniform which will be delivered to home or school the next working day.

Q: Are there long sleeve and long pants options available for Muslim girls?

A: Yes, there will be an option for long pants; long sleeves are not part of the uniform at this stage and will be developed in 2024. Modest wear is currently available to wear under the polo-shirt or can be purchased separately. These are to be in plain green, black or white only.

PE Kit

Q: Are there swimsuits for Muslim girls?

A: These are being developed in 2024. In the meantime, Muslim girls may wear suitably designed modest swimwear in plain green, black, or blue only